

How do you celebrate and give something back if you're turning 70, got Prostate Cancer and a new heart valve?



## Bramley's Big Birthday Bikeathon



Lands End to John O'Groats, taking in lots of hills



*In aid of:*  
Prostate Cancer UK and  
Leeds Hospitals Charity

- Over 1,000 miles and nearly 50,000 ft ascent
- Taking 19 days, and no support crew



Please support, either by clicking on the QR code above  
Or by visiting <https://JustGiving.com/team/bikeathon-70>